Whole School P.E Overview 2018/19

Year Group	Terms								
	Autumn Term 1 st half	Autumn Term 2 nd half	Spring Term 1st half	Spring Term 2 nd half	Summer Term 1 st half	Summer Term 2 nd half			
Reception	Gymnastics Unit 1 Gymnastics Unit 2 Dance Unit 1 Dance Unit 2 Physical Literacy 1-6								
Year 1	Gymnastics Unit 1 (6 lessons) Attack and defend unit 1 (6 lessons)	Gymnastics Unit 2 (6 lessons) Attack and defend unit 2 (6 lessons)	Dance Unit 1 (6 lessons) Hit, catch, run unit 1 (6 lessons)	Dance Unit 2 (6 lessons) Hit, catch, run unit 2 (6 lessons)	Send and return Unit 1 (6 lessons Run, jump, throw Unit 1 (6 lessons	return Unit 2 (6 lessons) Run, jump, throw Unit 2 (6 lessons) Sports Day			
Year 2	Gymnastics Unit 1 (6 lessons) Attack and defend unit 1 (6 lessons)	Gymnastics Units 2 (6 lessons) Attack and defend unit 2 (6 lessons)	Dance Unit 1 (6 lessons) Hit, catch, run unit 1 (6 lessons)	Dance Unit 2 (6 lessons) Hit, catch, run unit 2 (6 lessons)	Send and return Unit 1 (6 lessons Run, jump, throw Unit 1 (6 lessons	return Unit 2 (6 lessons)			
						skills			

Year 3	Gymnastics Unit 1 (6 lessons)	Gymnastics Unit 2 (6 lessons)	Dance Unit 1 (6 lessons)	OAA (6 lessons)	Tennis (6 lessons)	Athletics (6 lessons)
	Netball (6 lessons)	Football (6 lessons)	Handball (6 lessons)	Rounders (6 lessons)	Cricket (6 lessons)	Sports day
Year 4	Gymnastics Unit 1	Gymnastics Unit 2 (6 lessons)	Dance Unit 1 (6 lessons)	OAA (6 lessons)	Tennis (6 lessons)	Athletics (6 lessons)
	Netball (6 lessons)	Football (6 lessons)	Handball (6 lessons)	Hockey (6 lessons)	Cricket (6 lessons)	Rounders (6 lessons)
		Tag Rugby				
Year 5	Gymnastics Unit 1 (6 lessons)	Gymnastics Unit 2 (6 lessons)	Dance Unit 1 (6 lessons)	Cricket (6 lessons) (SG Comp)	Tennis (6 lessons) SG comp	Athletics (6 lessons).
	Football (6 lessons).	Tag Rugby (SG comp)	OAA (6 lessons) Handball	Netball (SG comp)	Hockey (6 lessons)	Rounders (6 lessons)
Year 6	Gymnastics Unit 1 (6 lessons)	Gymnastics Unit 2 (6 lessons)	Dance Unit 1 (6 lessons)	Cricket (6 lessons) (SG Comp)	Tennis (6 lessons) SG comp	Athletics (6 lessons).
	Football (6 lessons).	Tag Rugby (SG comp)	OAA (6 lessons) Handball	Netball (SG comp)	Hockey (6 lessons)	Rounders (6 lessons