



What should I already know?

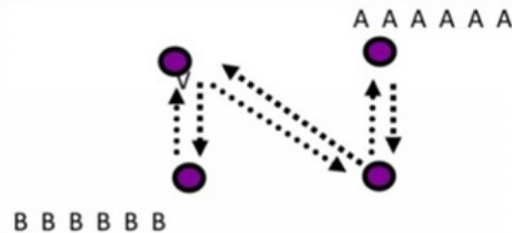
Introduced to some defensive skills. Can dribble in different directions using different parts of their feet. Pass for distance Evaluate skills to aid improvement.

By the end of the unit I should know

Play effectively in a variety of positions and formations. Relate a greater number of attacking and defensive tactics Become more skilful when performing movements at speed.

Equipment

Footballs, range of balls, cones, goals, bibs, stopwatch.



Pass with outside of foot

Vocabulary

Turning with the ball.	Distance, perform, consistent, speed, fair play, regain, possession, goal side, interchange, position.
Running with the ball.	
Passing on the move.	
Interchange of position & formation play.	
Regaining possession.	

Key Questions

1. Why is regaining possession quickly crucial in a game?
2. What does possession mean?
3. Why is it essential to be goalside of your player when marking?

Rules

- No slide tackling.
- No touching the ball with your hands (unless you are the goalkeeper).
- To start and restart the game after a goal is scored player passes the ball to a teammate from the centre.



Head: Awareness of where teammates and opponents are and how this dictates where you run.

Hand: Combine running and sending the ball.

Heart: Use learned skills to maintain possession during a game.

<u>Question 1</u>	<u>Start of Unit</u>	<u>End of Unit</u>
Don't know		

<u>Question 2</u>	<u>Start of Unit</u>	<u>End of Unit</u>
Don't know		

<u>Question 3</u>	<u>Start of Unit</u>	<u>End of Unit</u>
Don't know		

What I would like to find out?

Answers to my questions...