



This week we have been working very hard to develop strong bodies. We really enjoyed taking part in National Fitness Day on Wednesday.
What do you do to stay fit and healthy at home?



Amblecote Word

Ninja

- **Shoulder**-The part of your body between your neck and your arms.
- **Knee**-The part of your leg where it bends.
- **Kneel**-To bend your legs and lower your body so that one or both knees are touching the ground.
- **Wrist**-Where your hand joins your arm.
- **Elbow**-Where your arm bends in the middle.

Say the word.

Clap the syllables.

Talk about what each word means.

Can your child use these words correctly in a sentence?

E.g. I wear a watch on my wrist.

Phonics

Phonics teaches children to listen to and identify the sounds that make up words. This helps them to read and write words. This week the children have been introduced to set 1 letter sounds:

s, a, t and p

What can you find around the house beginning with these phonemes/ Send us a photo on Class Dojo?

New vocabulary:

Phoneme

A single unit of sound that can be made by one or more letters - e.g. s, t, z, oo, ear, igh.

Grapheme

Written letters or a group of letters which represent one single sound (phoneme) e.g. a, l, sh, air, ck.

Pure sound

Pronouncing each letter sound clearly and distinctly without adding additional sounds to the end e.g. 'sss' not 'suh.'

Apologies in advance if your child corrects your articulation- it shows they are listening in class and applying their learning!

Rhymes of the Week

Please sing the following rhymes with your child (click on the link to play each rhyme)

Jack and Jill [Jack and Jill - BBC Teach](#)

Hickory, Dickory Dock [Hickory Dickory dock - BBC Teach](#)

Head, Shoulders, Knees and Toes [Heads, shoulders, knees and toes - BBC Teach](#)

Five Little Men in a Flying Saucer [Five little men in a flying saucer - BBC Teach](#)

Physical Development

Kinetic Letters

Ask your child to show you the **plank position**.

Can they show you 'pull' and 'push' movements?

Dough DISCO

['I like to' playdough action song - Bing video](#)

You may like to have a go at home!



Stories of the week