

Recipe Allergen Matrix - PRIMARY (ALL)

March 2024 V.5

C Contains
M May Contain
N Does Not Contain

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Recipe Group	Recipe Code	Description	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphur Dioxide & Sulphites	Almonds	Barley	Brazil Nuts	Cashew Nuts	Hazelnuts	Macadamia Nuts	Oats	Pecan Nuts	Pistachio Nuts	Rye	Walnuts	Wheat
BASE Recipes	R00181	Apple Sauce	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R00284	Barbecue Sauce	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R01494	Barbecue Sauce (FP)	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R01480	Basic Tomato Sauce (FP)	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R00536	Basic Tomato Sauce with LFC Hidden Veg	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R01640	Bechamel Sauce - Knorr	M	C	N	M	N	N	C	N	M	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	N	C
BASE Recipes	R00003	Bechamel Sauce (FP)	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
BASE Recipes	R00274	Butter Icing (FP)	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R00027	Cheese Sauce (FP)	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
BASE Recipes	R00327	Chocolate Butter Icing (FP)	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R00030	Chocolate Sauce (FP)	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R00029	Custard	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R00179	Filling Cheese & Beans	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R00147	Filling Chicken & Sweetcorn	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R01544	Filling Grated Cheese	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R01483	Filling Savoury Cheese (FP)	N	N	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R00625	Filling Tuna & Sweetcorn (FP)	N	N	N	C	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R00146	Filling Tuna Mayo (FP)	N	N	N	C	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R00138	Gravy	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R01546	Katsu Curry Sauce (EFav)	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R00150	Lemon Mayo	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R01528	Mayonnaise	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R01510	Orange Buttercream	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R00034	Pastry (FP)	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
BASE Recipes	R01508	Sage and Onion Stuffing	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
BASE Recipes	R01801	Sage and Onion Stuffing Balls	N	C	N	N	N	N	M	N	N	N	N	N	M	C	N	N	N	N	N	N	N	N	N	N	N	C

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BASE Recipes	R01547	Sweet & Sour Sauce (EveryDay Fav)	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R00151	Sweet Chilli Mayo	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R01548	Sweet Chilli Sauce (EFav)	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R01549	Theos Mint Yoghurt Sauce	N	N	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R01519	Toffee Butter Icing (FP)	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R01517	Tomato Ketchup	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
CARBS	R00655	Baby Potatoes (MIDS)	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
CARBS	R01789	Bidfood Sandwich Bap	N	C	N	N	N	N	N	N	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	N	N	C
CARBS	R01790	Bidfood Hot Dog Roll	N	C	N	N	N	N	N	N	N	N	N	M	M	N	N	N	N	N	N	N	N	N	N	N	N	C
CARBS	R01791	Bloomers Finger Roll	N	C	N	N	N	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
CARBS	R00032	Brown & White Rice	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
CARBS	R00878	Crusty White Half Baguette	N	C	N	N	N	N	N	N	N	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	N	C
CARBS	R01606	Everyday Bread - French Stick	N	C	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
CARBS	R00137	Diced Potatoes	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
CARBS	R00259	Every Day Bread/Roll/Wedge	N	C	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
CARBS	R01606	Everyday Bread - French Stick	N	C	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
CARBS	R00026	Garlic & Herb Jacket Wedges	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
CARBS	R00025	Garlic & Herb Pasta	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
CARBS	R01529	Garlic & Herb Slice Ev Fav	N	C	N	N	N	N	M	N	N	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	N	C
CARBS	R00347	Garlic Bread	N	C	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
CARBS	R01574	Hash Browns	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
CARBS	R00033	Jacket Potatoes	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
CARBS	R01524	McCain Baked Potato Wedges	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
CARBS	R00294	McCain Herby Diced Potatoes	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
CARBS	R01518	McCain Original Choice Medium Chips	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
CARBS	R01539	McCain Purely Potato Diced	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N

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CARBS	R01525	McCain Roast Potatoes	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
CARBS	R01570	McCain Simply Mash	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
CARBS	R00295	McCain Surecrisp Traditional Thick Chips	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
CARBS	R00670	Naan Bread	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C	
CARBS	R00131	Naan Bread (FP)	N	C	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C	
CARBS	R00059	Noodles	N	C	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C	
CARBS	R00839	Plain Pasta	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C	
CARBS	R01604	Potato Crunchies (Tiny Tater)	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
CARBS	R00117	Roast Potatoes	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
CARBS	R00055	Spaghetti	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C	
CARBS	R00483	Wholewheat Pasta	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C	
CARBS	R00118	Yorkshire Pudding	N	C	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C	
VEGETABLES	R00268	Baked Beans	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
VEGETABLES	R00267	Broccoli	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
VEGETABLES	R00270	Carrots	N	N	N	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	
VEGETABLES	R00266	Cauliflower	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
VEGETABLES	R00036	Cauliflower Cheese	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C	
VEGETABLES	R00265	Green Beans	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
VEGETABLES	R00264	Peas	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
VEGETABLES	R00632	Roasted Root Vegetables	N	N	N	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	
VEGETABLES	R00263	Sweetcorn	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
VEGETABLES	R01777	Wholewheat Spaghetti Rings	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C	
SALADS	R00595	Beetroot	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
SALADS	R00594	Carrot	N	N	N	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	
SALADS	R00100	Coleslaw	N	N	N	C	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	
SALADS	R00590	Cucumber P	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	

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SALADS	R00626	Curried Rice Salad (FP)	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
SALADS	R01537	Lettuce	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
SALADS	R00532	Mediterranean Noodle Salad	N	C	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
SALADS	R00102	Mediterranean Pasta Salad	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
SALADS	R00319	Mixed Salad	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
SALADS	R00103	Pasta Sweetcorn & Mayo Salad	N	C	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
SALADS	R00627	Pasta with Mayonnaise	N	C	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
SALADS	R00584	Peppers P	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
SALADS	R00593	Potato Salad	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
SALADS	R00563	Savoury Rice	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
SALADS	R00586	Sweetcorn P	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
SALADS	R00628	Tomato Pasta Salad	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
SALADS	R00588	Tomatoes P	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
SALADS	R00597	Tricolour Pasta	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R00057	Bacon Carbonara	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R00529	Hunters Chicken	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N
MEAT	R00467	BBQ Chicken Pasta Bake	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R00054	Beef Bolognese P	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
MEAT	R01472	Beef Bolognese P (FP)	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
MEAT	R00506	Beef Burger Bap (FP)	N	C	N	N	N	N	N	N	N	N	N	M	C	N	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R01647	Beef Burger HALAL	N	C	N	N	N	N	N	N	N	N	N	N	C	C	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R00060	Big Breakfast	N	C	N	C	N	N	C	N	N	N	N	N	M	C	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R01383	Bolognese Pasta Bake	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R00286	Breaded Chicken	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
MEAT	R01503	Breaded Chicken Katsu Curry	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R01538	Breaded Chicken Nuggets	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N

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MEAT	R00523	Breaded Chicken with Noodles & Sweet & Sour Sauce	N	C	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R00056	Chicken & Sweetcorn Meatballs in Tom Sauce	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
MEAT	R01486	Chicken & Sweetcorn Meatballs in Tom(FP)	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
MEAT	R01806	Chicken Chow Mein	N	C	N	C	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R01521	Chicken Curry (FP)	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
MEAT	R00344	Chicken Korma	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
MEAT	R01643	Chicken Nuggets HALAL	C	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R01644	Chicken Sausages HALAL	N	C	N	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R00052	Chicken Tikka Masala	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
MEAT	R01639	Chicken Tikka Masala	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
MEAT	R01484	Chicken Tikka Masala (FP)	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
MEAT	R01520	Chicken with Noodles & Sweet & Sour Sauce	N	C	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R00253	Chilli Con Carne	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
MEAT	R00079	Cottage Pie P (FP)	N	N	N	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N
MEAT	R00843	Hot Dog	N	C	N	N	N	N	C	N	N	N	N	N	C	C	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R00004	Lasagne P	N	C	N	M	N	N	C	N	M	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R01504	Lasagne P (FP)	N	C	N	M	N	N	C	N	M	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R00006	Lasagne Traditional P	M	C	N	M	N	N	C	N	M	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R00081	Lasagne Traditional S	M	C	N	M	N	N	C	N	M	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R01610	Mac n Cheese Chicken Bake	M	C	N	M	N	N	C	N	M	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R01609	Mac n Cheese Chicken Bake (FP)	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R00513	Mediterranean Chicken	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
MEAT	R01559	Pepperoni Pizza	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R01649	Roast Beef	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
MEAT	R00063	Roast Chicken	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
MEAT	R01646	Roast Chicken HALAL	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N

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MEAT	R01648	Roast Pork Loin	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
MEAT	R01590	Sausage Roll 4"	N	C	N	N	N	N	C	N	N	N	N	N	C	C	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R01566	Sausage Roll 6"	N	C	N	N	N	N	C	N	N	N	N	N	C	C	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R00376	Sausages (FP)	N	C	N	N	N	N	N	N	N	N	N	N	M	C	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R00340	Shepherds Pie (FP)	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
MEAT	R00250	Sweet & Sour Chicken	N	N	N	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N
MEAT	R01645	Theo's BBQ Chicken HALAL	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
MEAT	R01642	Theos Chicken Meatballs HALAL	N	C	N	N	N	N	N	N	N	N	N	N	C	C	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R00051	Theo's Chicken Pizza	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
FISH	R01800	Cod Stars Harry Ramsden MSC	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
FISH	R00300	Big Tasty Fishcake	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
FISH	R00338	Fish Finger Bap	N	C	N	N	C	N	N	N	N	N	N	M	C	N	N	N	N	N	N	N	N	N	N	N	N	C
FISH	R00658	Fish Fingers	N	C	N	N	C	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
FISH	R00673	H/R Junior Battered Pollock Fillet	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
FISH	R01572	Salmon Fish Fingers	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
FISH	R00132	Tuna & Sweetcorn Pizza	N	C	N	N	C	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R00255	BBQ Cheese Pizza	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R01545	BBQ Quorn Fillet (EFav Sauce)	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R01628	BBQ Veggie Hot Dog	N	C	N	N	N	N	C	N	N	N	N	N	C	N	N	C	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R00234	Big Vegetarian Breakfast	N	N	N	C	N	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N
VEGETARIAN	R01605	Cheese & Onion Roll	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R00321	Cheese & Potato Pie (FP)	N	N	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
VEGETARIAN	R00045	Cheese & Red Onion Quiche (FP)	N	C	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R00044	Cheese & Tomato Pizza	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R01473	Cheese & Tomato Pizza (FP)	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R00072	Cheese & Vegetable Stacker	N	C	N	N	N	N	C	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	C

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VEGETARIAN	R00509	Cheese Omelette	N	N	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
VEGETARIAN	R00116	Cowboy Pie	N	C	N	N	N	N	N	N	N	N	N	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N
VEGETARIAN	R00441	Hawaiian Pizza	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R01641	Mac 'n' Cheese	M	C	N	M	N	N	C	N	M	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R00109	Mac 'n' Cheese (FP)	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R01635	Meat (free) Balls in Sweet & Sour Sauce	N	C	N	N	N	N	N	N	N	N	N	N	N	C	N	C	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R01627	Meat (free) Balls Yorkshire Pudding	N	C	N	C	N	N	C	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R00574	Mediterranean Quorn	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
VEGETARIAN	R00065	Pasta Neapolitan	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R01560	Pineapple Pizza	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R01475	Pineapple Pizza (FP)	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R01552	Pizza (Foley Infant Only)	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R00749	Pizza Pin Wheel	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R00071	Quorn & Potato Pie (FP)	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N
VEGETARIAN	R00066	Quorn Balls in Tomato Sauce	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R00242	Quorn Bolognese (FP)	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N
VEGETARIAN	R01522	Quorn Burger (FP)	N	C	N	C	N	N	C	N	N	N	N	M	N	N	N	C	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R00298	Quorn Dippers	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R00384	Quorn Pasta Bake (FP)	N	C	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R00069	Quorn Tikka Masala	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
VEGETARIAN	R00581	Quorn Korma	N	N	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
VEGETARIAN	R00112	Roasted Quorn Fillet (FP)	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R00237	Sweet & Sour Quorn Noodles	N	C	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R01561	Sweetcorn Pizza	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R01476	Sweetcorn Pizza (FP)	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R01625	Tomato Pasta Bake	N	C	N	N	N	N	N	N	N	N	N	N	C	N	N	M	N	N	N	N	N	N	N	N	N	C

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VEGETARIAN	R01507	Tomato Pasta Bake (FP)	N	C	N	N	N	N	N	N	N	N	N	N	C	N	N	M	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R01633	V Kitchen Plant Based Sausage Roll	N	C	N	N	N	N	M	N	N	N	N	N	C	N	N	C	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R01607	Vegan Cheese & Tomato Pizza	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R00676	Vegan Chilli	C	M	N	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	M
VEGETARIAN	R01788	Vegan Quorn Wrap	C	N	N	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R01531	Vegetable & Bean Burger	N	C	N	N	N	N	N	N	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R00617	Vegetable & Lentil Lasagne	N	C	N	M	N	N	C	N	N	N	N	N	N	C	N	M	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R01569	Vegetable Fingers	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R00511	Vegetable Frittata (FP)	N	N	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
VEGETARIAN	R00067	Vegetable Lasagne	N	C	N	M	N	N	C	N	N	N	N	N	N	C	N	M	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R01523	Vegetable Stir Fry (FP)	N	C	N	C	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R00297	Vegetarian Hot Dog (FP)	N	C	N	N	N	N	N	N	N	N	N	M	C	N	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R00662	Vegetarian Sausage	N	N	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N
VEGETARIAN	R00134	Veggie Sausage in Yorkshire Pudding	N	C	N	C	N	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
BISCUITS	R00007	Apple Flapjack (FP)	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	M	N	N	N	N	C	N	N	N	N	M
BISCUITS	R00019	Australian Crunch (FP)	N	C	N	M	N	N	M	N	N	N	N	N	M	C	N	C	N	N	N	N	N	N	N	N	N	C
BISCUITS	R00011	Cherry & Coconut Cookie (FP)	N	C	N	C	N	N	M	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	C
BISCUITS	R00016	Chocolate Cookie (FP)	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
BISCUITS	R01623	Chocolate Crunch P	N	C	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
BISCUITS	R00017	Chocolate Shortbread (FP)	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
BISCUITS	R00020	Coconut Cookie (FP)	N	C	N	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	C
BISCUITS	R00012	Flapjack (FP)	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	M	N	N	N	N	C	N	N	N	N	M
BISCUITS	R00013	Ginger Cookie (FP)	N	C	N	M	N	N	M	N	N	N	N	N	N	N	N	M	N	N	N	N	M	N	N	N	N	C
BISCUITS	R00018	Jam & Coconut Cookie (FP)	N	C	N	C	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	C
BISCUITS	R00202	Lemon Finger (FP)	N	C	N	M	N	N	M	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	C
BISCUITS	R00014	Lemon Shortbread (FP)	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C

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BISCUITS	R00008	Oat & Syrup Cookie (FP)	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	M	N	N	N	N	C	N	N	N	N	C
BISCUITS	R00528	Orange & Chocolate Flapjack (FP)	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	M	N	N	N	N	C	N	N	N	N	M
BISCUITS	R00024	Orange Cookie (FP)	N	C	N	M	N	N	M	N	N	N	N	N	N	N	N	M	N	N	N	N	M	N	N	N	N	C
BISCUITS	R01511	Orange Shortbread (FP)	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
BISCUITS	R00125	Parsnip Flapjack (FP)	N	C	N	N	N	N	N	N	N	N	N	N	N	C	N	M	N	N	N	N	C	N	N	N	N	M
BISCUITS	R00206	Polish Cake	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	M	N	N	N	N	M	N	N	M	N	C
BISCUITS	R00009	Shortbread (FP)	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
BISCUITS	R00015	Shrewsbury Biscuit (FP)	N	C	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
BISCUITS	R00010	Sultana Cookie (FP)	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
BISCUITS	R00331	Viennese Cookies (FP)	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
COLD Pudding	R01557	Angel Delight Banana P	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
COLD Pudding	R01556	Angel Delight Butterscotch P	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
COLD Pudding	R01555	Angel Delight Chocolate P	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
COLD Pudding	R01554	Angel Delight Strawberry P	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
COLD Pudding	R00139	Apple Muffin (FP)	N	C	N	C	N	N	C	N	N	N	N	N	N	N	N	M	N	N	N	N	M	N	N	N	N	C
COLD Pudding	R01614	Apple Puff Slice (FP)	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
COLD Pudding	R00537	Beetroot Cake (FP)	N	C	N	C	N	N	M	N	N	N	N	N	N	N	N	M	N	N	N	N	M	N	N	N	N	C
COLD Pudding	R00092	Blueberry Muffin (FP)	N	C	N	C	N	N	C	N	N	N	N	N	N	N	N	M	N	N	N	N	M	N	N	N	N	C
COLD Pudding	R00078	Carrot Cake (FP)	N	C	N	C	N	N	M	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	C
COLD Pudding	R00654	Cheese & Crackers	N	C	N	M	N	N	C	N	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	N	N	C
COLD Pudding	R00140	Chocolate & Orange Muffin (FP)	N	C	N	C	N	N	C	N	N	N	N	N	N	N	N	M	N	N	N	N	M	N	N	N	N	C
COLD Pudding	R00661	Chocolate & Vanilla Vegetarian Mousse	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
COLD Pudding	R00173	Chocolate Brownie P (FP)	N	C	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
COLD Pudding	R01502	Chocolate Cupcake (FP)	N	C	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
COLD Pudding	R01637	Chocolate Ice Cream Tub	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
COLD Pudding	R00133	Cornflake Cake (FP)	N	C	N	N	N	N	C	N	N	N	N	N	M	N	N	C	N	N	N	N	N	N	N	N	N	N

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COLD Pudding	R00351	Fresh Fruit Salad (FP)	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
COLD Pudding	R00097	Fruit Jelly	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
COLD Pudding	R01563	Fruit Platter (FP)	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
COLD Pudding	R00098	Jelly Sundae	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
COLD Pudding	R00095	Lemon Drizzle Slice P (FP)	N	C	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
COLD Pudding	R00793	Lime Jelly	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
COLD Pudding	R01805	Strawberry Jelly	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
COLD Pudding	R01579	Macphie Apple Muffin (P)	N	C	N	C	N	N	C	N	N	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	N	C
COLD Pudding	R01580	Macphie Blueberry Muffin (P)	N	C	N	C	N	N	C	N	N	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	N	C
COLD Pudding	R01581	Macphie Chocolate Muffin / Cupcake (P)	N	C	N	C	N	N	C	N	N	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	N	C
COLD Pudding	R01582	Macphie Chocolate Orange Muffin (P)	N	C	N	C	N	N	C	N	N	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	N	C
COLD Pudding	R01585	Macphie Iced Muffin / Cupcake (P)	N	C	N	C	N	N	C	N	N	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	N	C
COLD Pudding	R01587	Macphie Orange Muffin (P)	N	C	N	C	N	N	C	N	N	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	N	C
COLD Pudding	R01588	Macphie Plain Muffin / Cupcake (P)	N	C	N	C	N	N	C	N	N	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	N	C
COLD Pudding	R00380	Mango & Orange Sorbet	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
COLD Pudding	R01617	McDougalls Chocolate Fruit Cake (P)	N	C	N	C	N	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
COLD Pudding	R01621	McDougalls Chocolate Iced Cake Sprinkles	N	C	N	C	N	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
COLD Pudding	R01583	McDougalls Chocolate Tray Bake (P)	N	C	N	C	N	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
COLD Pudding	R01622	McDougalls Plain Iced Cake Sprinkles	N	C	N	C	N	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
COLD Pudding	R01589	McDougalls Plain Traybake (P)	N	C	N	C	N	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
COLD Pudding	R01615	McDougalls Toffee Apple Slice	N	C	N	C	N	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
COLD Pudding	R01778	Muller Vit Thick and Creamy Yog Strawberry	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
COLD Pudding	R01779	Muller Vit Thick and Creamy Yoghurt Mixed	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
COLD Pudding	R01780	Muller Healthy Balance Mixed Case	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
COLD Pudding	R01509	Plain Cupcake (FP)	N	C	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
COLD Pudding	R00740	Rocky Road	N	C	N	M	N	N	C	N	N	N	N	N	C	N	N	M	N	N	N	N	C	N	N	N	N	C

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COLD Pudding	R01526	Strawberry Ice Cream Tub	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
COLD Pudding	R01608	Sultanas	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
COLD Pudding	R00656	Vanilla Ice Cream Tub	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
COLD Pudding	R00093	Vanilla Iced Sponge (FP)	N	C	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
COLD Pudding	R00794	Vegan Chocolate Muffin S	N	C	N	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
COLD Pudding	R01794	Banoffee Waffle	N	C	N	C	N	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
COLD Pudding	R01795	Cookies & Cream Waffle	N	C	N	C	N	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
COLD Pudding	R01796	Double Chocolate Waffle	N	C	N	C	N	N	M	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
COLD Pudding	R01797	Marshmallow Dream Waffle	N	C	N	C	N	N	M	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
COLD Pudding	R01798	Peaches and Cream / Peach melba Waffle	N	C	N	C	N	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
COLD Pudding	R01799	Strawberry and Cream Waffle	N	C	N	C	N	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
COLD Pudding	R01793	Water Icing	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
HOT Pudding	R00084	Apple Crumble (FP)	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	M	N	N	N	N	C	N	N	N	N	C
HOT Pudding	R01498	Apple Swirl (FP)	N	C	N	M	N	N	C	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	C
HOT Pudding	R00088	Chocolate Marble Sponge (FP)	N	C	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
HOT Pudding	R00087	Chocolate Sponge (FP)	N	C	N	C	N	N	C	N	N	N	N	N	N	N	N	M	N	N	N	N	N	M	N	N	N	C
HOT Pudding	R00222	Cornflake Tart	N	C	N	N	N	N	M	N	N	N	N	N	M	C	N	C	N	N	N	N	N	N	N	N	N	C
HOT Pudding	R00564	Jam & Coconut Sponge	N	C	N	C	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	C
HOT Pudding	R00099	Ginger & Orange Sponge (FP)	N	C	N	C	N	N	M	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
HOT Pudding	R01578	McDougalls Apple Muffin Pudding (P)	N	C	N	C	N	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
HOT Pudding	R01584	McDougalls Hot Chocolate Sponge Pudding	N	C	N	C	N	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
HOT Pudding	R01586	McDougalls Marble Sponge (P)	N	C	N	C	N	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
HOT Pudding	R01807	Pancakes with Chocolate Sauce	N	C	N	C	N	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
HOT Pudding	R01808	Pancakes with Strawberry Sauce	N	C	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
HOT Pudding	R01809	Pancakes with Sugar & Lemon	N	C	N	C	N	N	C	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	C
HOT Pudding	R01810	Pancakes with Fresh Fruit Salad	N	C	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C

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HOT Pudding	R01512	Peach Crumble (FP)	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	M	N	N	N	N	C	N	N	N	N	C
HOT Pudding	R00090	Syrup Sponge (FP)	N	C	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
HOT Pudding	R01638	Wafflemeister Mini Waffle	N	C	N	C	N	N	M	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R00121	Beef Burrito	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R00802	BBQ Chicken Salad Wrap (FP)	N	C	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R01553	BBQ Chicken Wrap (FP)	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R00577	BBQ Cold Chicken Wrap (FP)	N	C	N	C	N	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	C
DELI Option	R00164	BBQ Meatball Sub	N	C	N	N	N	N	C	N	N	N	N	N	C	N	N	C	N	N	N	N	N	N	N	N	N	C
DELI Option	R00288	BBQ Quorn & Cheese Melt	N	C	N	N	N	N	C	N	N	N	N	N	C	N	N	C	N	N	N	N	N	N	N	N	N	C
DELI Option	R00115	Cheese & Tomato Melt	N	C	N	N	N	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R00042	Cheese Salad Wrap (FP)	N	C	N	C	N	N	C	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R00123	Chicken & Rice Pot	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
DELI Option	R00317	Chicken Curry & Rice	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
DELI Option	R00142	Chicken Pasta Pot	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R00753	Chicken Salad Wrap	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R01565	Chicken Sandwich	N	C	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R00154	Chicken Tikka Wrap (FP)	N	C	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R01492	Chinese Chicken Flatbread (FP)	N	C	N	C	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R00120	Deli Bar Bacon & Cheese Melt	N	C	N	N	N	N	C	N	N	N	N	N	C	N	N	C	N	N	N	N	N	N	N	N	N	C
DELI Option	R00175	Deli Bar BBQ Not Dogs (FP)	N	C	N	C	N	N	C	N	N	N	N	N	C	N	N	C	N	N	N	N	N	N	N	N	N	C
DELI Option	R00367	Deli Bar BBQ Theo's Chicken Wrap (FP)	N	C	N	N	N	N	N	N	N	N	N	N	N	C	N	C	N	N	N	N	N	N	N	N	N	C
DELI Option	R00507	Deli Bar Cheese & Bean Wrap	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R00575	Deli Bar Chicken Burger Bun	N	C	N	N	N	N	N	N	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R00122	Deli Bar Chicken Noodle Pot (FP)	N	C	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R00162	Deli Bar French Bread Pizza	N	C	N	N	N	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R00127	Deli Bar Marinated Chicken Flatbread (Hot/C	N	C	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C

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DELI Option	R00111	Deli Bar Tomato & Basil Pasta	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R00124	Deli Bar Tuna & Cheese Melt	N	C	N	N	C	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R00291	Deli Chicken Katsu Curry	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
DELI Option	R01490	French Bread Pizza (FP)	N	C	N	N	N	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R01826	Grated Cheddar Cheese Mini Baguette	N	C	N	N	N	N	C	N	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R01827	Wiltshire Ham Mini Baguette	N	C	N	N	N	N	N	N	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R01828	Tuna Mayo Mini Baguette	N	C	N	C	C	N	N	N	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R01829	Cheese Savoury Mini Baguette	N	C	N	C	N	N	C	N	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R01041	Grated Cheddar Cheese Sandwich Brn	N	C	N	N	N	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R01011	Grated Cheddar Cheese Sandwich Wht	N	C	N	N	N	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R01592	Grated Mature Cheddar Cheese on Hovis 50/50	N	C	N	N	N	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R00136	Ham Salad Wrap	N	C	N	C	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R00364	Hot Chicken & Rice Wrap (FP)	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R00358	Hot Dog with Tomato Sauce (FP)	N	C	N	N	N	N	N	N	N	N	N	M	M	C	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R00038	Jacket Potato with Cheese (FP)	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
DELI Option	R01527	Kerrymaid Cheese Burger Slice	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
DELI Option	R01576	Santa Maria Tortilla Chips P	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
DELI Option	R01493	Tomato & Basil Pasta (FP)	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R01487	Tuna & Cheese Melt (FP)	N	C	N	N	C	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R01593	Tuna Mayo on Hovis 50/50	N	C	N	C	C	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R01046	Tuna Mayo Sandwich Brn	N	C	N	C	C	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R01021	Tuna Mayo Sandwich Wht	N	C	N	C	C	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R00041	Tuna Salad Wrap (FP)	N	C	N	C	C	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R01591	Wiltshire Ham on Hovis 50/50	N	C	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R01044	Wiltshire Ham Sandwich Brn	N	C	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R01019	Wiltshire Ham Sandwich Wht	N	C	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C

Recipe Allergen Matrix - PRIMARY (ALL)

March 2024 V.5

C Contains
M May Contain
N Does Not Contain

*This information is for guidance and is correct at the date of issue
 Ensure the allergens for all substitutions are checked and added to the Substitution Matrix*

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GLUTEN Free	R01624	Beefburger GLUTEN FREE	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
GLUTEN Free	R01651	Breaded Chicken - GLUTEN FREE	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
GLUTEN Free	R01650	Breaded Chicken Nuggets GLUTEN FREE	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
GLUTEN Free	R00788	Chocolate Crunch GLUTEN FREE	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
GLUTEN Free	R00271	Chocolate Muffins (FP) GLUTEN FREE	N	N	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
GLUTEN Free	R01440	Chocolate Sponge GLUTEN FREE	N	N	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
GLUTEN Free	R01787	Mini Doughnuts GLUTEN FREE	N	N	N	C	N	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N
GLUTEN Free	R01620	Fish Fingers GLUTEN FREE	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
GLUTEN Free	R01577	Penne Pasta GLUTEN FREE	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
GLUTEN Free	R00335	Plain Sponge GLUTEN FREE	N	N	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
GLUTEN Free	R00612	Sausages GLUTEN FREE	N	N	N	N	N	N	N	N	N	N	N	N	M	C	N	N	N	N	N	N	N	N	N	N	N	N
GLUTEN Free	R00789	Sultana Cookie (FP) GLUTEN FREE	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N