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23<sup>rd</sup> March, 2017

Dear Parents,

After Easter, we would like to offer all reception and pre-school parents the opportunity of being part of a '**Positive Parenting**' programme which will take place in school. This **6 week programme** looks at maximising you and your child's potential in a relaxed and informal manner.

The programme covers:

- What children really need
- How to build confidence and self-esteem
- Setting boundaries (Who's in charge?)
- Tips and strategies regarding behaviour
- Keeping safe
- Problem solving
- Other subjects chosen by you

Whilst enjoying a free cup of tea/coffee and biscuits within a supportive and confidential group, you will be able to share personal experiences to gain useful and effective methods of improving behaviour at home as well as gaining advice and ideas from other members of the group. The sessions will last approximately one and a half hours. The sessions will probably start around 9.10 a.m. (*The day and exact time will be confirmed once we have a set number of participants.*)

If you are interested and feel you could commit to this six week programme, we would love to hear from you. Everyone is welcome!

Please **complete the slip below** and return it to your child's teacher by **Thursday, 30<sup>th</sup> March**.

Thank you for your continued support,

Mrs Dunckley

SENCo

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I would like to be part of the 'Positive Parent' programme.

**Name:** \_\_\_\_\_

**Child's Name:** \_\_\_\_\_