



Acting Head Teacher Mrs J Cook  
Amblecote Primary School  
School Drive  
Amblecote  
Stourbridge  
West Midlands  
DY8 4DQ

**Amblecote Primary School**

Tel: 01384 818335

18<sup>th</sup> September 2019

Dear Parents/Carers,

People who suffer from nut allergies can develop a severe, potentially life-threatening allergic reaction.

If someone has a nut allergy it is not just eating nuts that can cause a severe reaction, just being touched on the skin or smelling the breath of someone who has had nuts or a product containing nuts can trigger anaphylactic shock (which can cause breathing and swallowing difficulties).

All teaching staff in our school are trained to use the Epi-pens (an injection of adrenalin) which is required immediately if this happens.

At Amblecote Primary School we aim to practise a nut free policy and although we recognise it is impossible to provide an absolute guarantee that no nuts will be brought onto the premises we will strive to minimise this as much as we can. (Please see our Nut Allergy Awareness Policy overleaf).

In order to ensure the safety of all of our children, we cannot have nuts in school in any form. We ask you that no nut products are bought in lunch boxes or brought into the school as treats / snacks.

For example:

- Peanut butter sandwiches
- Chocolate spreads (including Nutella)
- Cereal bars
- Some granola bars
- Cakes that contain nuts
- Biscuits/Cookies that contain nuts
- Peanut butter cakes
- Some Asian food, including satay
- Sesame seeds
- Sauces that contain nuts

This list is not exhaustive, so please check the packaging of products closely.

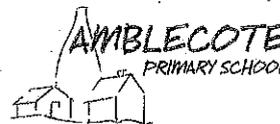
We appreciate that is an additional thing to check and we know that you recognise the importance of it. I know if this was your child you would expect that we all help, especially as it is a life-threatening condition.

If you have any questions, please do not hesitate to speak to a member of staff.

Yours sincerely,

Mrs J Cook  
Acting Head teacher

**Amblecote Primary School  
Nut Allergy Awareness Policy**



## **Purpose**

The purpose of this policy is to:

- Raise awareness about allergies to all our school community
- Ensure we provide a safe learning environment for all
- Give assurance to those children/families with severe allergies that we take the management of these seriously.

## **Aim**

At Amblecote Primary School we aim to practise a nut free policy, although we recognise that it is impossible to provide an absolute guarantee that no nuts will be brought onto the premises, we will strive to minimise this as much as we can.

This policy serves to set out all measures to reduce the risk to those children and adults who may suffer an anaphylactic reaction if exposed to nuts to which they are sensitive. Our school aims to protect children who have allergies to nuts yet also help them, as they grow up, to take responsibility as to what foods they can eat and to be aware of where they may be put at risk.

## **Management**

We ask that all members of the school community manage the day to day application of this policy in the following ways:

- Parents and carers are requested NOT to send food to school that contains nuts. This includes all types of nuts, peanut butter, nutella, cereal/chocolate bars and any other food containing nuts.
- Staff will be alert to any obvious signs of nuts being brought in, but they will not inspect food brought into school.
- If any actual nuts are found, they will be bagged up and sent home and this child be asked to eat lunch away from other children and wash their hands before going out to play.
- Children will be asked NOT to share food.
- Children will be encouraged to wash hands before and after eating.
- ALL teaching staff are trained in understanding and dealing with Anaphylaxis (severe allergic reactions) and will use their training as the need arises.
- The school dinner providers will ensure all cooked food is nut-free.

## **Promotion**

The policy will be promoted by:

- A copy of this policy being made available to all parents and carers.
- Staff being informed and provided with training opportunities.
- Children being informed via teachers and support staff.
- Publication of this policy on the school website.
- Issue of the policy in the new admission packs.

*June Y. Lewis*

Chair of Governors: \_\_\_\_\_

Mrs J. Lewis

September 2019