

Phase: Reception

Focus: "This is my life"

Term: Autumn 1

What I should already know?

Enjoy listening to stories and remember some of what happens. Show some confidence in social situations. Talk about their feelings using words like 'sad' and 'happy'. Begin to make sense of their own life-story and family history. Develop positive attitudes about the differences between people.



**Magic Questions!**

Who is important to you? Can you name the members of your family? Can you talk about past events and recall details?

What makes you special? What is the same/different between you and a friend? What hobbies do you enjoy?

How are you feeling? Can you name your feelings and explain why you feel that way?

How have you changed since you were a baby? What can you do for yourself now?

**Key words and their meanings**

Myself	A word used to talk about you!
Home	A place where you live.
Family	A group of one or more parents and children who live together.
Hobby	An activity that you do a lot and enjoy.
Friends	People who like you - and you like them too!
Changes	When things become different.
Independence	To be able to do things for yourself.
Unique	One of a kind.

**By the end of the unit I should ...**

Talk about members of my family and community. Name and describe people who are familiar to me. Recognise that people have similarities and differences and that we are all unique. Begin to understand that people have different beliefs and celebrate special times in different ways.

See themselves as a valuable individual. Build constructive and respectful relationships. Express their feelings and consider the feelings of others. Think about the perspectives of others. Manage their own needs.

Work and play co-operatively and take turns with others. Form positive attachments to adults and friendships with peers.

Understand how to listen carefully and why listening is important. Engage in story times. Listen to and talk about stories.

Who is in your family?  
Which people are important to you?  
What makes a family?

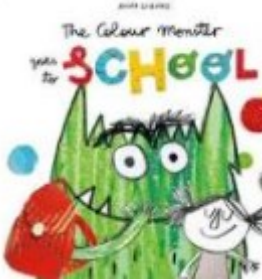
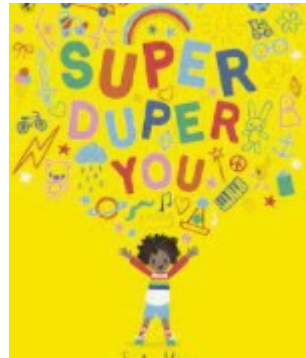
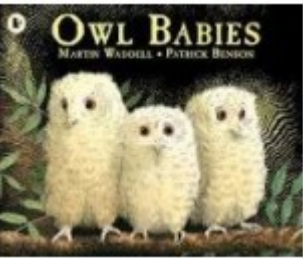
Here are some of the books we will be reading in class...

### My Family

 mother	 father	 baby	 parents	 daughter
 son	 stepmother	 family	 stepfather	 aunt
 uncle	 grandmother	 sister	 brother	
 niece	 nephew	 grandfather	 grandchildren	 cousins

How are you feeling today?  
Can you name different emotions and copy the faces below in a mirror?

## Feelings



How do you feel today?

 happy	 angry	 excited	 embarrassed
 cold	 hot	 surprised	 tired
 astonished	 upset	 worried	 nervous
 proud	 sad	 confused	 scared
 poorly	 calm	 stressed	 disappointed

We are all different.  
We are all friends!



What makes you special?  
We are all different!  
What are your hobbies?