

Cyber Bullying

- Don't share any personal information online.
- Think carefully before posting pictures or videos of yourself. Once you've put a picture of yourself online it's not just yours anymore.
- Never give out your passwords.
- Don't meet up with people you've met online. Tell an adult if someone suggests you should meet up.
- Never use your own photograph, use an avatar instead.
- Remember that not everyone online is who they say they are.
- Think carefully about what you say before you post something online.
- Respect other people's views. Even if you don't agree with someone else's views it doesn't mean you need to be rude.
- If you see something online that makes you feel uncomfortable, or worried: leave the website, and tell a trusted adult immediately.



Our responsibilities

As children at Amblecote Primary School we:

- Act in a respectful and supportive way towards on another
- Tell someone if they are being bullied or have seen someone being bullied
- Support each other and ask for help to make sure that everyone feels safe, and nobody feels left out
- Tell our teacher or Mrs Cook if we need someone to speak to



Contact details:

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Amblecote Primary School

Child Friendly ANTI-BULLYING POLICY



ABOUT BULLYING ...

What is Bullying?

Bullying is intentional (not an accident). A bully hurts someone on purpose.



Bullying is repetitive. This means that the bully hurts someone over and over again. It isn't an incident that happens only once.

Bullying can be by one person or a by a group of people.

Bullying Can be ...

Emotional: Hurting people's feelings, leaving you out, gossiping.



Physical: Punching, kicking, pushing, damaging their belongings.

Verbal: Name calling, teasing, offensive remarks.

Cyber: Saying unkind things by text, e mail or social media.

Prejudice: Racial, religious belief, gender, sexuality, special educational need or disability.

Who can I tell if I am being bullied?

- Parents/carers.
- A friend.
- Teachers.
- Anti-Bullying Ambassadors.
- Lunch time staff.
- Any other trusted adult.



MOST IMPORTANTLY:-

If you are being bullied:



What should I do if I see someone else is being bullied?

- Tell an adult straight away.
- Don't try and get involved - you might end up getting hurt or you could end up in trouble yourself.
- Don't stay silent or the bullying will keep happening.

If you are bullied:

DO:-

- TELL SOMEONE
- Ask them to STOP if you can.
- Use eye contact and tell them to go away.
- Ignore them. Walk away.
- Speak to an Anti-Bullying Ambassador or a trusted adult.
- Talk to a friend.

DON'T:-

- Do what they say.
- Get angry or look upset.
- Hit them.
- Think it's your fault.
- Hide it.

What will happen to a bully?

- Teachers will get involved and help you solve the problem.
- They will investigate things fully. They will remind the child (or children) that bullying is not acceptable and expect bullying to stop.
- We will follow the behaviour/ anti-bullying policy. and contact the child's parents.